Are you experiencing symptoms?
Symptoms may appear in 2–14 days after exposure to the virus.

1. FEVER  
2. COUGH  
3. SHORTNESS OF BREATH

Have you traveled to an area with an outbreak?
China, Iran, Italy, South Korea or Japan

Have you been around someone diagnosed with COVID-19?

If you answered “yes” to any of the above questions, contact your local county health department (CHD) by scanning the code for the local CHD finder or call 1-866-779-6121

Guidance
- Self monitor for fever, cough, or other respiratory symptoms for 14 days.
- Avoid contact with sick people.
- Delay any additional travel plans until no longer sick.
- Wash hands often with soap and water for at least 20 seconds.
- Cover mouth and nose with a tissue or sleeve when coughing or sneezing. Throw the tissue in the trash.